

STEPPING OUT

CHOREOGRAPHERS: Ray & Pam Deamer 423 Scoresby Rd. Ferntree Gully Victoria 3156 Australia
 PH:(03) 9801 3661

RECORD: Special pressing from Chore "One" Contact Palomino Records Inc. Speed 43 RPM.

FOOTWORK: Opposite. Woman's special instructions in parenthesis.

RHYTHM: Foxtrot/Jive.

LEVEL: Intermediate. ROUNDALAB Phase IV

SEQUENCE: INTRO - A - A - B - A (1 -14) END

INTRO.

1 - 4. FT. WAIT; WAIT; TOG TCH; FTTH FIN;
 L O Fcg DL wait ; ; fwd L, -, tch R to L, -, CP; bk R trng LF ¼, DC, -, sd and fwd L, X R if L,
 CBJO DC ;

PART A.

1 - 16. FT. DIAMOND TURN; ; ; ;
 fwd L DC trng LF, -, sd & bk R to BJO. DRC, bk L, ; bk R, DL trng LF, -, sd L, fwd R to
 BJO DRW, ; fwd L DRW trng LF, -, sd & bk R. DRC, bk L, ; bk R DRC. trng LF, -, sd L, fwd R
 to CBJO DL, ;

THREE STEP ; NAT TURN ½ ; BK FTTH ; OUT SD CHECK ;

fwd L to CP DL, -, fwd R, fwd L, ; fwd R trng RF, -, sd L, bk R to CP RLOD, ; (bk L trn R F, -, cl
 R to L heel trn, fwd L CP LOD, ;) bk L LOD, -, bk R R shldr ld, bk L CBJO, ; bk R RLOD trng LF, -
 , sd & fwd L, fwd R outsd ptr CBJO, ;

IMPETUS TO SEMI ; IN AND OUT RUNS ; ; THRU CHASSE ;

bk L trng RF, -, cl R to L cont heel trn to DC. fwd L to SC LOD, ; (start RF body trn fwd R between M's
 feet heel to toe pvt ½ RF, -, sd fwd L cont trn brush R to L, fwd R SC LOC, ;) fwd R trng RF, -, sd & bk
 L to CP RLOD, bk R to CBJO, ; bk L trng RF, -, sd & fwd between W's feet cont RF trn, fwd L to SC
 LOD, ; (fwd L, -, fwd R between M's feet, fwd L to CBJO, ; fwd R trng RF, -, fwd & sd L cont trn, fwd R
 to SC LOD, ;) thru R trng to fc, -, sd L/CL R, sd L SC LOD, ;

SLOW SIDE LOCK ; TELEMARK ; MANUV ; HESITATION CHANGE ;

thru R, -, sd & fwd L to CP, X R i b of L slight LF trn, ; (thru L starting LF trn, -, sd & bk R cont trn to CP,
 X L i f R, ;) fwd L trng LF, -, sd R cont trn, fwd L DL SC, ; (bk R starting LF trn bringing L to R, -, trn LF
 heel trn change wt to L, fwd R DL SC, ;) fwd R trng RF, -, cont RF trn to fc ptr & RLOD sd L, cl R, ; (fwd
 L DL, -, sd R, cl L, ;) bk L trng RF, -, sd R cont trn to DC, draw L to R, ;

PART B.

1 - 16. J. **RIGHT TURNING FALLAWAY. PRETZEL TURN WITH DOUBLE RK ; ; ; ;**
 [R trng fallaway] rk apt L to SC, rec R to fc, trng RF ¼ sd L/cl R, sd L, ; trng RF ¼ sd R/cl L, sd R,
 [Prtzl trn] rk apt L, rec R, chasse sd & fwd L/R, L trng RF ½ M's L W's R hnd jnd, ; chasse sd & fwd
 R/L, R trng ¼ RF LOD, M's L W's R hnd jnd behind bk [double rk] rk fwd L with R hnd extended fwd, rec
 R, ; REPEAT PREVIOUS HALF MEAS [complete Prtzel trn] chasse sd & fwd L/R, L, trng ¼ L F retaining
 M's L W's R hnd. sd R/L, R CPW, ;

SHLDR SHOVE. CHG HANDS BEHIND BK X 2. SHLDR SHOVE ; ; ; ; ;

[shldr shove] LO Fcg rk apt L, rec R trng ¼ RF, sd L/cl R, sd L twd ptr bringing M's L W's R shldr tog, ;
 trng LF to fc ptr bk R cl L, bk R, [chg hands behind bk] LO Fcg rk apt L, rec R, fwd L/cl R, fwd L trng ¼
 LF, ; sd & bk R/cl L, sd R cont trng ¼ LF to fc ptr, M chg W's hnd to his R hnd on first triple and bk to his
 L hnd on second triple this is done behind M's bk W uses R hnd throughout.

REPEAT PREVIOUS 1½ MEAS. REPEAT MEAS 6 AND FIRST HALF OF MEAS 7 PART B

PROG ROCK ; THROWAWAY ; CHNG PLCS L TO R. CHNG PLCS R TO L ; ; ;

[Prog rock] BFLY Wall rk apt L, X R if, rk apt L, X R if, ; [Throwaway] sd L/cl R, sd L trng ¼, sd R/cl L,
 sd R LO Fcg LOD, ; (PU R/L, sd & bk L/cl R, sd L making ¼ trn to RLOD) [Chg plcs L to R] L O fcg rk
 apt L, rec R, sd L/cl R, sd L trng ¼ Rf, ; sd R/cl L, sd R, (rk apt R, rec L, fwd R/cl L, fwd R, trng ½ LF
 under jnd lead hnds, ; sd L/cl R, sd L cont LF trn to fc ptr,) [Chg plcs R to L] LO fcg Wall rk apt L, rec R,
 sd L/cl R, sd L trng ¼ LF, ; sd & fwd R/cl L, sd R to CP DC, (rk apt R, rec L, sd R/cl L, fwd R trng ¾ RF
 under jnd lead hnds; sd & bk L/cl R, sd L,)

END

1 - 2. FT. THRU CHASSE; PT LOD. HOLD;
 SCP REPEAT MEAS 12 PART A ; ½ OP Pt R LOD, -, HOLD, -, look at ptr